

# Val's Seafood Trattoria

A Trattoria: [pronounced: Trat-o-REA] is an Italian eating establishment more casual than a Ristorante... Simple foods made from scratch and served in a rustic environment. All items are available for take out. (8-15-17)

## Soup.....

Cream of Crab	Cup \$5	Bowl \$8
Manhattan Clam Chowder	Cup \$4	Bowl \$7
Soup of the Day	Cup \$5	Bowl \$8

## Salads.....

Caesar	small \$5 (1 to 2 people)	
	large \$10 (4 to 6 people)	
House Garden Salad	small \$5 (1 to 2 people)	
	large \$10 (4 to 6 people)	
The Wedge	A wedge of iceberg lettuce, w/blu cheese dressing, bacon, croutons & chopped tomatoes. \$8	
Caprese Salad	Sliced fresh mozzarella, jersey plum tomatoes, drizzled w Balsamic brown sugar reduction. \$8	
Add to any salad:		
6 Jumbo Shrimp or Salmon or Tuna, blackened or broiled.	\$12	
fried chicken cutlet (appx 10 oz)	\$12	

## Val's food is.....

Homemade and cooked from scratch. We use fresh seafood, fresh produce, fresh linguine & homemade soups. Our fresh fish is hand breaded in-house and made to order.

Enter to win a \$20 Gift Card at:

**ValsSeafood.com**

**(856) 468-6655**

195 Center St, Sewell, NJ 08080

## Starters...

Mussels	18/ \$10	50/ \$25
red, white or fra diavolo		
Clams	12/ \$10	50/ \$35
red, white or steamed in Old Bay		
Mozzarella in Carrozza	3/ \$5	
(Italian bread stuffed w Mozz, breaded & deep fried)		
Arancini (fried risotto balls)	5/ \$10	
Clams Casino, ½ dozen	6/\$9	
Meatball Appetizer (3)	3/ \$5	
(veal, pork & beef meatballs)		
Polpette di Carne Fritta	6/ \$6	
(fried meatball stuffed w mozzarella)		
Buffalo shrimp	Regular/Hot & Honey/ Hot	
w/ celery & blu cheese	5/\$10 or 10/\$20	
Buffalo Wings	Regular/Hot & Honey/ Hot	
w/ celery & blu cheese	6/\$7 20/\$15 50/\$35	
Fried Chicken Tenders	5/ \$10	
Shrimp in a basket	15/ \$10	
Bang Bang Shrimp	12/ \$8	
Steamed shrimp	15/\$10, 40/\$25, 55/\$35	
Fried Clam strips-	1/2 lb w homemade tartar sauce	\$5
Fried Oysters	½ lb in a basket w Tarter sauce	\$11
Calamari Fritti	-lightly floured, hot peppers & marinara	\$10
Mambo Italiano	-appetizer sampler w/ 3 Arancini, 5 Polpette di Carne & 6 bite size Mozzarella in Carrozza w/ marinara	\$15
Snow Crab / Dungeness / King Crab Legs	Sautéed in garlic & oil or steamed in old bay-	per lb/Market \$
Stuffed Long Hots-	prosciutto, prov & parmesan cheese	\$7
Fried Stuffed Rigatoni-	w/ marinara-or alfredo	\$8

Menu Date 8-15-17

## Pasta.....

Sautéed in your choice of Red, White or Spicy Fra Diavolo with Linguine or Penne. Rosa or Alfredo sauce add \$1.

<b>Jumbo Shrimp</b>	<b>\$18</b>
<b>Sea Scallops</b>	<b>\$27</b>
<b>Whole Clams</b>	<b>\$16</b>
<b>Farm Raised Mussels</b>	<b>\$16</b>
<b>Jumbo Shrimp &amp; Sea scallops</b>	<b>\$23</b>
<b>Jumbo Shrimp &amp; Jumbo Lump Crabmeat</b>	<b>\$23</b>
<b>Scallops &amp; Jumbo Lump Crabmeat</b>	<b>\$27</b>
<b>Jumbo Shrimp, Scallops &amp; Jumbo Lump Crabmeat</b>	<b>\$28</b>
<b>Whole Clams and Farm Raised Mussels</b>	<b>\$18</b>
<b>Jumbo Lump Crab Meat</b>	<b>\$23</b>
<b>Jumbo Shrimp, Scallops, Clams, Mussels, &amp; Jumbo Lump Crab Meat</b>	<b>\$32</b>
<b>Crabmeat Maria w Portabella Mushroom Ravioli in rosa sauce</b>	<b>\$22</b>
<b>Gnocchi, marinara sauce</b>	<b>\$15</b>
<b>Gnocchi, w Crabmeat, rosa sauce</b>	<b>\$22</b>
<b>Rigatoni &amp; Meatballs, cheese stuffed rig</b>	<b>\$15</b>

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## Kid's Menu.....12 and under

<b>Penne or linguine w marinara or butter</b>	<b>\$4</b>
(add one meatball \$1.50)	
<b>Shrimp and French fries (fried or broiled)</b>	<b>\$8</b>
<b>Flounder and French fries (fried or broiled)</b>	<b>\$8</b>
<b>Chicken fingers and fries</b>	<b>\$5</b>
<b>Grilled Cheese and fries</b>	<b>\$5</b>
<b>Kid's Stuffed Rigatoni w one meatball</b>	<b>\$6.5</b>
<b>Kid's Fruit Cup</b>	<b>\$2</b>

## Beverages.....

<b>Spring Water, bottle</b>	<b>\$2</b>
<b>San Pellegrino Water</b>	<b>\$3</b>
<b>Old Philadelphia Soda</b>	<b>\$3</b>
(orange, cream, black cherry, root beer, birch beer)	
<b>Lemonade: Regular, Strawberry, Mango,</b>	<b>\$3</b>
<b>Fountain Drinks: Coke, Diet Coke, Sprite, Dr Pepper, Seltzer, Raspberry or Unsweetened Iced Tea</b>	<b>\$3</b>
<b>Fresh Brewed Sweet Tea, Pitcher</b>	<b>\$6</b>
<b>Assorted Coffee &amp; Tea</b>	<b>\$2</b>
<b>Cappuccino or Espresso</b>	<b>\$5.5 or \$3</b>
<b>Milk &amp; Chocolate milk</b>	<b>\$3</b>
<b>Apple Juice</b>	<b>\$3</b>

Menu Date 8-15-17

## Seafood Platters.....

Broiled in lemon, white wine and butter OR Fried.  
Choice of 2 Sides (see below) OR a Side of Pasta,  
Broccoli or Spinach.

<b>Filet of Flounder</b>	<b>\$22</b>
<b>Sea Scallops</b>	<b>\$26</b>
<b>Jumbo Shrimp</b>	<b>\$16</b>
<b>Shrimp &amp; Scallops</b>	<b>\$22</b>
<b>Flounder, Shrimp &amp; Scallops</b>	<b>\$27</b>
<b>Crab Cakes (Maryland style, jumbo lump- all crab)</b>	<b>\$24</b>
<b>Flounder, Shrimp, Scallops, Crab Cake</b>	<b>\$34</b>
<b>Salmon, Broiled or Blackened</b>	<b>\$20</b>
<b>Salmon, cedar plank w bourbon glaze</b>	<b>\$22</b>
<b>Salmon, stuffed w crab imperial</b>	<b>\$26</b>

Consuming raw or undercooked meats or seafood may increase the risk of food borne illness.

## From the Ovens...

Choice of 2 Sides(see below) OR a Side of Pasta,  
Broccoli or Spinach.

<b>Baked Crab Imperial-</b> Val's special blend of jumbo lump crab meat and roasted red peppers topped with buttered bread crumbs. Includes 2 sides or pasta	<b>\$26</b>
<b>Baked Stuffed Flounder-</b> Filet of flounder stuffed with crab imperial and baked in lemon and white wine. Includes 2 sides or pasta	<b>\$29</b>
<b>Chicken Parm</b> - Includes 2 sides or pasta	<b>\$18</b>
<b>Shrimp Parm</b> - Includes 2 sides or pasta	<b>\$18</b>
<b>Flounder Parm</b> - Includes 2 sides or pasta	<b>\$23</b>

## Crab Dinners.....

Steamed in Old Bay or sautéed in Garlic & Oil with choice of 2 sides or Pasta.

<b>Crab Daddy feast ...</b> ½ lb of King Crab, ½ lb Snow Crab and ½ lb Dungeness Crab Legs –	<b>\$38</b>
<b>Dungeness Crab Dinner...</b> 1lb of Clusters	<b>\$34</b>
<b>King Crab Dinner ...</b> 1 lb of Legs	<b>\$36</b>
<b>Snow Crab Dinner...</b> 1lb of Clusters	<b>\$26</b>
<b>Cluster Feast-</b> 1.5 lb Snow & 1.5 lb Dungeness	<b>\$67</b>
<b>King's Feast-</b> 1 lb King & 2 lb Dungeness	<b>\$95</b>

## Sides /Extras...

<b>Onion Rings, homemade</b>	<b>\$5</b>
<b>Parmesan Fries</b> cheese, pepper & sea salt	<b>\$5</b>
<b>French Fries</b> regular, old bay or cajun	<b>\$4</b>
<b>Cole Slaw or Potato salad, home made</b>	<b>\$2</b>
<b>Apple Sauce, home made</b>	<b>\$2</b>
<b>Roasted Red Potatoes or Mixed Veggies</b>	<b>\$2</b>
<b>Baked Potato</b>	<b>\$2</b>
<b>Steamed Broccoli</b> (counts as 2 sides w dinners)	<b>\$4</b>
<b>Spinach sautéed w garlic</b> (counts as 2 sides w dinners)	<b>\$4</b>
<b>Penne or Linguine</b> in Red, White, Fra Diavolo	<b>\$6</b>
<b>Penne or Linguine</b> Alfredo or Rosa sauce	<b>\$7</b>

**Tue: 1/2 Price Mussels \$5**  
**Wed: Bang Bang Shrimp \$5**  
**Thur: 2lbs Snow Crab \$35**

incl: salad + pasta

**Friday: \$2 off Wine**

**Sunday: Kids eat Free**

under 12, kids menu, one per adult entrée, 5 max  
not on Holidays